

Faculty

Ilana Ackerman, MSW, is the director of the Austen Riggs Nursery School at the Austen Riggs Center. **Christina Biedermann, PsyD**, is director of psychological testing and a clinical psychologist at the Austen Riggs Center. **Nancy Close, PhD, IMH-IV, co-director of the Yale-Riggs Infant & Family Mental Health Training Program**, is an educator and clinician and endorsed infant mental health mentor with the Connecticut Association of Infant Mental Health. **Lee Damsky, PhD**, is a staff psychologist at the Austen Riggs Center. **Lauren Dennehy, LCSW**, assistant clinical professor, is a member of the early childhood faculty at the Yale Child Study Center, and the developmental consultant to *Mothering from the Inside Out*. **Donna Elmendorf, PhD**, is a clinical psychologist, director of the Therapeutic Community Program, psychotherapist and psychotherapy supervisor at the Austen Riggs Center. **Margaret Kotarba, LICSW**, is a senior social worker at the Austen Riggs Center. **Megan Lyons, MSW, MS CCC-SLP** is a clinical instructor of social work and speech-language pathologist at the Yale Child Study Center. **Norka Malberg, PhD, LPC** is a licensed professional counselor in Connecticut, and is currently in the Clinical Faculty of Yale's Child Study Center. **Linda Mayes, MD**, is the interim director of the Yale Child Study Center and the Arnold Gesell Professor of Child Psychiatry, Pediatrics, and Psychology in the Yale Child Study Center and Distinguished Visiting Professor at Sewanee, The University of the South. **Christiana Mills, LCSW, IMH-IV, co-director of the Yale-Riggs Infant & Family Mental Health Training Program**, is a licensed clinical social worker and endorsed infant mental health mentor with the Connecticut Association of Infant Mental Health. **Virginia Shiller, PhD**, is a psychologist in private practice in New Haven, Connecticut and a clinical instructor at the Yale Child Study Center. **Arietta Slade, PhD**, is a clinical professor at the Yale Child Study Center and co-director of the *Minding the Baby* Program. **Elizabeth Weinberg, MD**, is a board certified psychiatrist at the Austen Riggs Center.

AUSTEN RIGGS CENTER

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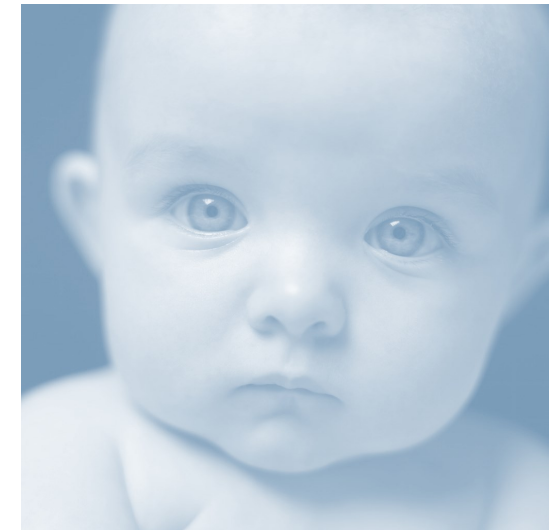
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The Erikson Institute for Education and Research of the Austen Riggs Center, along with the Yale Child Study Center present:

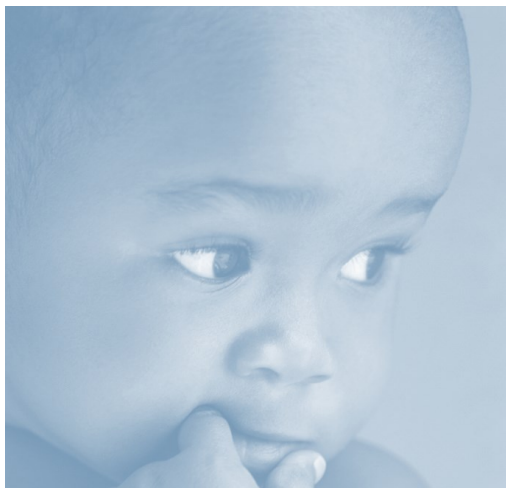
2015 Yale-Riggs Infant & Family Mental Health Training Program

Session 1: April 10-12

Session 2: November 6-8



Location: Austen Riggs Center
25 Main Street, Stockbridge, MA 01262
www.austenriggs.org/InfantFamilyProgram



Program Overview

The Yale-Riggs Infant & Family Mental Health Training Program is dedicated to the exploration of development, attachment, trauma and the interaction of these topics within the parent-child relationship and family system. The curriculum for the Yale-Riggs Infant & Family Mental Health Training Program was originally developed in collaboration with the Anna Freud Center, the Tavistock and Portman NHS Foundation Trust and Yale University. Over the course of two weekend long seminars, the program continues to translate evidence-based theory into practice, drawing on neurobiological, psychoanalytic, attachment, adult mental health and family systems ideas, and to make the training relevant to the practitioners' particular work contexts. The teaching emphasizes discussion and reflection as integral to the learning process.

Session 1: April 10-12

Fri. 9:00am-12:00pm - What is Infant Mental Health? Introduces the field of infant mental health by defining the concept and learning about the theoretical underpinnings utilized in this approach.

Fri. 1:00-4:00pm - The Interface of Adult and Child Mental Health During the Adjustment to Parenthood Begins with information on the transition to parenthood and moves into the elements within the parent-child relationship that elicit healthy development, while also introducing risk to the dyad.

Sat. 9:00am-12:00pm - The Developmental Trajectory: Inner and Outer Worlds in Perinatal Life and Infants, Toddlers and Preschool Children Explores normative development and disturbance in the development of babies, toddlers and young children.

Sat. 1:00-4:00pm - Trauma and Risk Considers central issues in evaluating risk in the young child's relational and cultural context.

Sun. 9:00am-12:00pm - The Practitioner-Client Relationship Offers a theoretical framework for addressing the relationship between the young child, parent and practitioner.

Session 2: November 6-8

Session 2 will include seminars on: What is Risk? ■ Assessment of Risk ■ Observation ■ Family Observation Workshop ■ The Infant Mental Health Practitioner's Skill Set: Supporting the Development of Reflective Capacities in Parents ■ Clinical Uses of the Parent Development Interview (PDI-R Slade et al, 2003). ■ *Details to follow later in 2015.*

Fees & Registration

Registration fee includes breakfast (8:30am) and lunch (noon) on Friday and Saturday, conference reception on Saturday (4:00-6:00pm) and breakfast on Sunday (8:30am).

Session 1

\$400 early registration by March 13, 2015

\$450 after March 13, 2015

Session 2

\$400 early registration by October 13, 2015

\$450 after October 13, 2015

Registration must be completed online at:
www.austenriggs.org/InfantFamilyProgram

Note: In order to receive CME/CE credits, participants must attend the entire weekend.

The Austen Riggs Center (ARC) designates this live activity for a maximum of 15 AMA PRA Category 1 Credits™. The Austen Riggs Center is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians. ARC also designates this live activity for 15 continuing education credits for psychology and social work. To view the complete continuing education information and for more information about the training program, visit: www.austenriggs.org/InfantFamilyProgram or call Alicia Zaludova at: [413] 931.5230.